



**CLASS TITLE: LIFEGUARD AND AQUATICS INSTRUCTOR
UNIT 1**

BASIC FUNCTION:

Under the direction of the Director of Aquatics & Facilities, provide instruction to students regarding swimming practices, techniques and water safety; instruct students in swimming and life-saving skills; provide pool activities to maintain a safe, healthy and controlled environment for students and guests; enforce and assure guest compliance with pool rules, regulations and policies; perform a variety of activities involved in maintaining District swimming pools in a clean and sanitary condition; assist in preparing swimming pool and surrounding areas for aquatic athletic activities.

REPRESENTATIVE DUTIES:

ESSENTIAL DUTIES:

Provide instruction to students regarding swimming practices, techniques and water safety; instruct students in swimming and life-saving skills; instruct students in swimming and life-saving skills; provide lifeguard services and monitor swimming pool activities to maintain a safe, healthy and controlled environment for students and guests; administer artificial respiration or first aid when necessary; rescue persons in distress; observe pool activities in accordance with established guidelines, policies and procedures.

Enforce and assure guest compliance with pool use and other applicable rules, regulations and policies; respond to complaints from guests, staff and others; report incidents and guest behavior problems to appropriate authority.

Implement and present swimming lesson plans according to established standards; coordinate and oversee student drills, practices, exercises, games, conditioning and other swimming assignments.

Perform a variety of activities involved in maintaining District swimming pools in a clean and sanitary condition; vacuum and skim pools and brush swimming pool floors and walls; scrub tiles; sweep and hose down surrounding decks; assist in assuring safety of pools and surrounding areas.

Inspect swimming pools to assure safe and proper operating condition; perform chemical tests on pool water; apply chemicals as appropriate to maintain proper pH and chemistry levels; mix chemicals according to established specifications and safety requirements.

Monitor inventory levels of chemicals and other pool maintenance supplies; order, receive and maintain inventory of maintenance supplies as appropriate.

Assist in preparing swimming pool and surrounding areas for aquatic athletic activities; set up athletic equipment as directed; install and remove goals and lap lanes as needed; assist in setting up for and cleaning up after swim meets.

Assist the Director and staff with coordinating swim lesson program, community programs and water exercise classes.

Observe and control behavior of students and guests in the pool and surrounding area in accordance with approved policies and procedures; assure guests remain in authorized areas of pool.



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Identify pool health and safety issues, threats and incidents; enter pool and swim to rescue and retrieve guests as needed; utilize rescue tube; inspect and assure proper operating condition of rescue equipment.

Respond to emergency situations in accordance with established policies and procedures; administer first aid to guests as necessary.

Greet and provide general information and assistance to pool guests; collect and verify passes from recreational and lap swimmers entering the pool area; assure non-students in pool area are authorized visitors.

Maintain routine records and logs related to passes and assigned activities; prepare medical and incident forms as needed.

Maintain pool, locker rooms and other facilities in a neat clean and orderly condition; pick up and dispose of trash; hose down deck; lock and unlock doors and gates as appropriate.

Attend and participate in various meetings and in-services as assigned.

OTHER DUTIES:

Perform related duties as assigned.

KNOWLEDGE AND ABILITIES:

KNOWLEDGE OF:

Water safety practices.

Life-saving techniques.

Proper swimming techniques.

Proper methods, techniques, supplies, tools and equipment used in pool maintenance work.

Operation of hand and power tools and equipment used in pool maintenance.

Requirements of maintaining pools and related facilities in a safe and sanitary condition.

Oral and written communication skills.

Basic record-keeping techniques.

Health and safety regulations.

ABILITY TO:

Administer appropriate life-saving procedures in emergencies.

Administer artificial respiration or first aid when necessary.

Rescue persons in distress.

Instruct students in swimming and life-saving skills.

Enforce safety rules.

Perform a variety of activities involved in maintaining District swimming pools in a clean, safe and sanitary condition.

Perform chemical tests on pool water, apply chemicals as appropriate and maintain proper chemistry of swimming pool water.

Operate and maintain a wide variety of hand and power tools and equipment.

Inspect swimming pools to assure safe and proper operating condition.



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Monitor inventory levels, order and assure proper storage of chemicals and other pool maintenance supplies.

Observe health and safety regulations.

Maintain routine records.

Meet schedules and time lines.

Understand and follow oral and written instructions.

Maintain various records related to work performed.

Observe health and safety regulations including the handling and use of hazardous chemicals associated with commercial swimming pools.

EDUCATION AND EXPERIENCE:

Any combination equivalent to: graduation from high school and one year lifeguard or related experience.

LICENSES AND OTHER REQUIREMENTS:

Completion of a certified Lifeguard Training program.

Valid Water Safety Instruction Certificate.

Incumbents must possess a Certified Pool Operator's Certification.

Valid First Aid and CPR certifications issued by an authorized agency.

WORKING CONDITIONS:

ENVIRONMENT:

Outdoor work environment.

Seasonal heat and cold or adverse weather conditions.

Exposure to fumes, dust, odors, oil, grease and gases.

PHYSICAL DEMANDS:

Swimming.

Seeing to monitor activities.

Hearing and speaking to exchange information.

Dexterity of hands and fingers to operate a variety of equipment.

Sitting or standing for extended periods of time.

Seeing to perform lifeguard and maintenance activities.

Lifting, carrying, pushing or pulling moderately heavy objects as assigned by position.

Bending at the waist, kneeling or crouching.

Reaching overhead, above the shoulders and horizontally.

HAZARDS:

Working around and with machinery having moving parts.

Exposure to chemicals and fumes associated with pools.